



# Trauma+EMS News

September 2021

From the Trauma and Acute Care Surgery Section, and Emergency Service at Westchester Medical Center

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Director, Department of Surgery

## Adult – Trauma

### Did You Know? September 20-24 is Fall Prevention and Awareness Week.

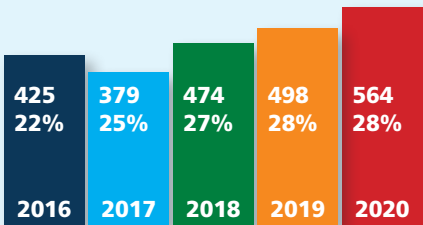
This is a nationwide effort to raise awareness of this all-too-common and serious issue. Falls are preventable and we all need to encourage and educate people, especially older adults, to stay fall-free, safe and independent. Please leverage the Fall Prevention and Awareness Week online tools!

<https://www.ncoa.org/article/get-ready-for-falls-prevention-awareness-week-2021>

[https://www.cdc.gov/homeandrecreationalafety/falls/community\\_preventfalls.html](https://www.cdc.gov/homeandrecreationalafety/falls/community_preventfalls.html)

### Trauma Admissions Falls (Age ≥ 65) 2016–2020

% = Trauma Admissions Falls / Total Admissions



Kartik Prabhakaran, MD, Medical Director of Acute Care Trauma Surgery, began an IRB-approved geriatric falls and secondary trauma study, addressing this increasing problem. The study is aimed at identifying patients > 65 years old, admitted to WMCHHealth secondary to a fall. In addition, a geriatric fall prevention and awareness video, featuring Dr. Prabhakaran and the injury prevention team, is ready to be released this month. In the video, they highlight the CDC's top 10 guidelines for geriatric fall prevention and awareness.

Rifat Latifi, MD, Director of Surgery, will present at the 80th Annual Meeting of the American Association for the Surgery of Trauma (AAST) and Clinical Congress of Acute Care Surgery on September 29. His presentation is titled, "Reoperative Surgery following CAWR: We must look past 30 days."

## Pediatrics – Trauma

### Back to School – Already??

Maria Fareri Children's Hospital is highlighting the importance of back-to-school safety. The words no parent(s) ever want to hear: "Your child was struck by a car." In 2019, over 6,000 pedestrians were killed in traffic crashes. With the new school year about to begin, MFCH wants to ensure every trip to the classroom is safe. Follow and share these simple and helpful tips!



- Always cross the street at designated crosswalks or intersections whenever possible.
- Walk on a sidewalk or path instead of the road. If a sidewalk or path is not available, try walking on the shoulder and facing traffic.
- Stay alert always. Avoid using electronic devices, phones, ear buds or texting while walking.
- Always stay visible. Wear bright colored clothing or shine a flashlight – including when waiting at a dark bus stop.



### Summer Safety!

On August 10, at the Kensico Dam Plaza in Valhalla, MFCH rolled out a Bike & Helmet Safety event. Bike helmets were provided to many cyclists in the community along with information on the importance of proper bike and helmet safety! For additional information contact: [marc.musicus@wmchealth.org](mailto:marc.musicus@wmchealth.org)

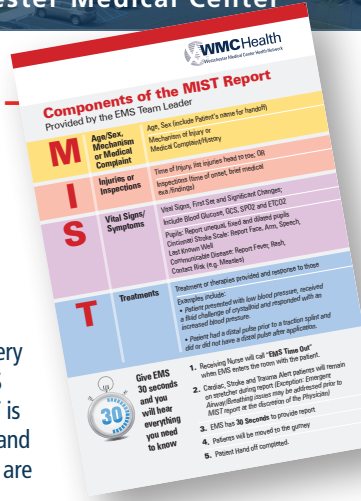
## Emergency Department – EMS

### WMCHHealth: Using the MIST form!

The MIST form is a great tool for ALL pre-hospital care providers to use every day. Like many EMS acronyms, the MIST is designed with ALS and BLS in mind. Below are the key reasons to get comfortable with and incorporate, this tool into your day-to-day practice:

- ✓ Helps with populating key e-PCR data points.
- ✓ Helps crews deliver an accurate and detailed hand-off report.
- ✓ Helps EMS providers highlight key clinical data when calling in a "note".
- ✓ Helps serve as a reminder of key patient talking points.

For additional information or to receive a copy of the MIST form contact: [marc.musicus@wmchealth.org](mailto:marc.musicus@wmchealth.org)



## WMCHHealth CME Schedule

September 28	Peds Emergencies
September TBD	Air Methods
October TBD	Air Methods

Tina Cocuzza, MD, who oversees the CME program, announced final year-end dates and CME topics at the July 27 MCI-CME. **NOTE:** In person CMEs may resume in **September**. For additional information contact: [marc.musicus@wmchealth.org](mailto:marc.musicus@wmchealth.org)



Westchester Medical Center

Westchester Medical Center Health Network

Advancing Care. Here.

[WestchesterMedicalCenter.org](http://WestchesterMedicalCenter.org)

### Westchester Medical Center Health Network includes

Westchester Medical Center | Maria Fareri Children's Hospital  
Behavioral Health Center | Mid-Hudson Regional Hospital  
Good Samaritan Hospital | Bon Secours Community Hospital  
St. Anthony Community Hospital | HealthAlliance Hospital: Broadway Campus  
HealthAlliance Hospital: Mary's Avenue Campus | Margaretville Hospital

WMCHHealth Physicians includes the medical practices of Advanced Physician Services and Bon Secours Medical Group.